

WAVELENGTH

Newsletter

January '06

CHIEF COACHES REPORT:

As you are all aware John Fitzgerald left Staines Swimming Club at the end 2005 to spend time with his family.

We would like to welcome his replacement KATY RYDQUIST who comes to us from Kingston Royals.

Most of you would have seen Katy, she has already attended two Galas Wey Valley Junior League and The Robins Relay Gala.

At both of these Galas we showed Katy how well we could perform in the water, winning the first round of the Wey Valley Gala and only losing by 1 point to Teddington at the Robins Relay Gala (albeit a bit dubiously) Katy showed great enthusiasm at both of these Galas and gave the swimmers plenty of encouragement. I think between Katy and myself we will be a force to reckon with on the Poolside!!

The weekend before Katy started I took a team to Woking for the Inter-Club Gala, and again we won this most convincingly.

May the success continue.....

Forthcoming Events:-

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| February 5 th | - | Harrow Open Meet – Barnet Copthall |
| February 25 th | - | Middlesex Relays – Team Selection |
| February 26 th | - | Middlesex Sprints |
| March 4 th | - | Wey Valley Gala 2 nd Round – Team Selection |
| March 11 th /12 th | - | Middlesex Championships |
| March 18 th /19 th | - | Middlesex Championships |
| March 26 th | - | Club Novices - Staines |
| March 31 st / | - | Sheffield Open Meet |
| April 1 st /2 nd | - | Sheffield Open Meet |

All open meet forms are available from Lynn Carter .

If you would like to purchase a Club T-Shirt please speak to Mark or Juliet, they are £20.00 Each and come in adults sizes S, M, L, XL

Please remember that Sundays is Club night and all swimmers should be wearing Staines Hats. Thank You.

NEW COMMITTEE:

The new committee and their e-mail addresses are posted on the notice board.
I have listed them here for reference:-

Janice Reid	- Chair	Mark Olding	- Vice Chair
Juliet Olding	- Secretary	Martyn Nicholson	Treasurer
Ann/Brad	- Membership	Lynn Carter	- Fixtures
Joe Newman	- Social/Comms	Nikki Smith	- Small Pool
Keith Howell	- Swimmers Rep	Dave Jones	- Finance

BADGES:-

A list of swimmers who have
Badges to come is on the
Notice Board and is updated
Twice a month,
Flashes £1.00 Rounds £2.00

Certificates:-

I still have some outstanding distance
badges and certificates from the sponsor
swim, cost for both badge and certificate
is £2.00. Please see Juliet.

COMMUNICATIONS:-

We send nearly all our
Correspondence via e-mail
If you have not yet passed
your e-mail onto Karen -
Communications please do
so. comms@stainesswimming.org

NOTICE BOARD:-

Please check the SSC notice board
as it has important information that
you will need to know and is regularly
updated. Thank You.

SSC WEB-SITE:

Some of you may be aware that we have our own web-site, and this has
information posted that is current and useful, it also has results posted from
recent galas, and much more, please have a look.

The web-site address is www.stainesswimming.org
